How do memories work,
Ho'oponopono



Trillion memories (blockages) in your subconscious / energy bubble.

From this life, inherited family systems, previous "lives" (going back millions of years)



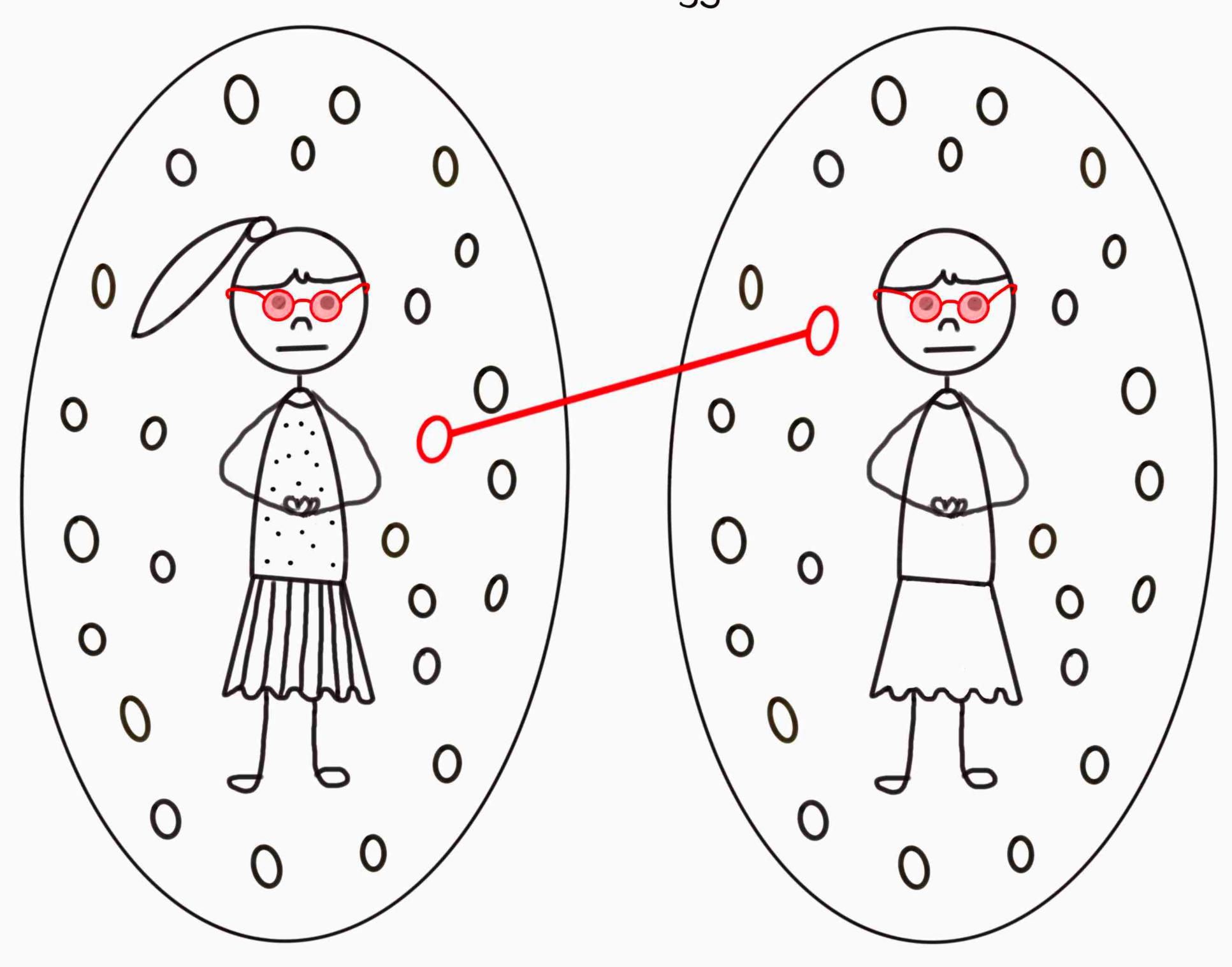
The universe gives you experiences to clear these memory blocks

So if you experience something that you do not like, know that you are being triggered on an "unconscious" block. Then you see things only through those "red" glasses, kind of tunnel vision.

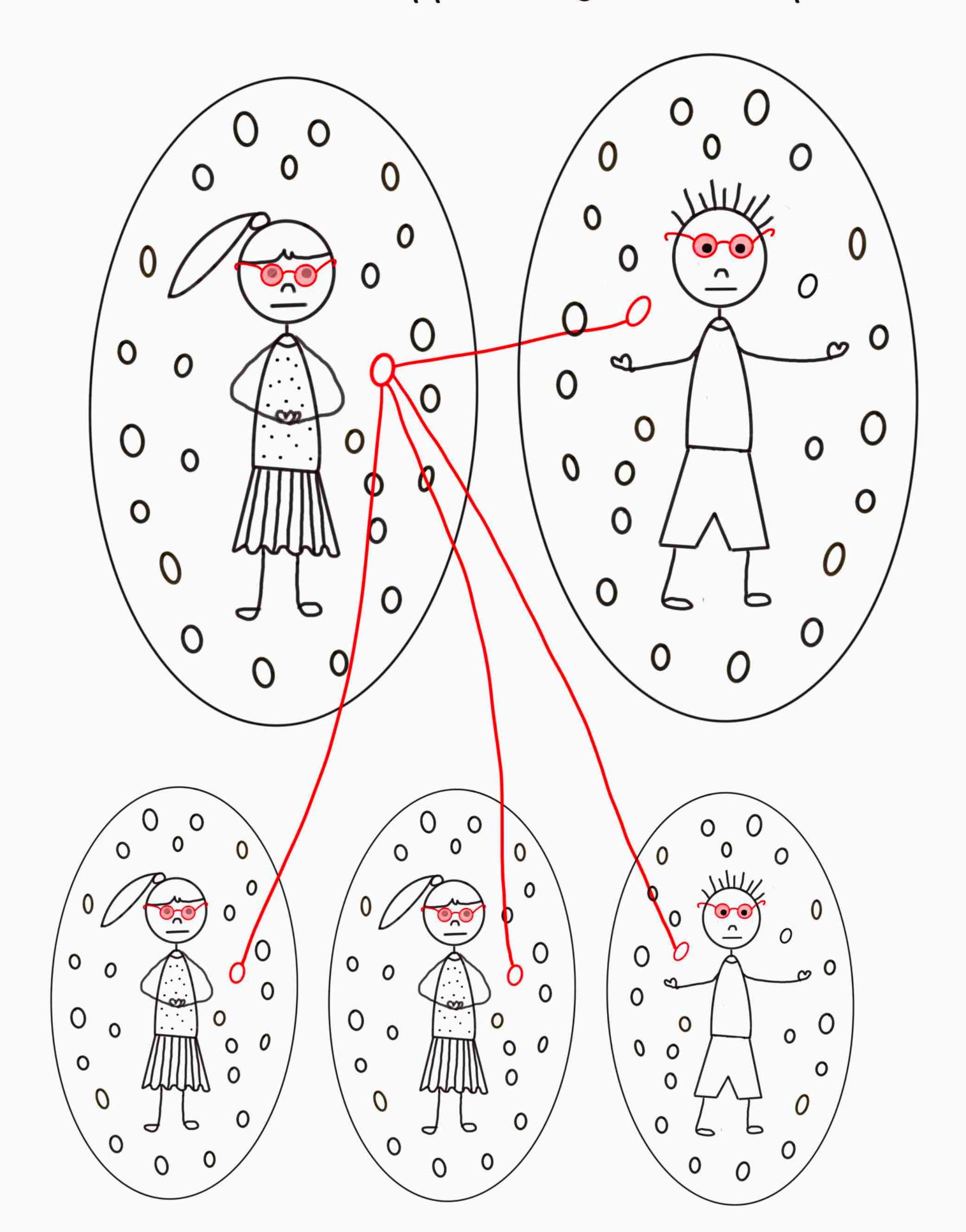


When something in contact with someone else hits you, you immediately put on your memory glasses and this means that you have a joint (unconscious) memory.

That memory does not have to be with each other, can be comparable in terms of energy vibration.



This also works with family members, your children. The world around you is a mirror of what is happening in your inner world. If you experience something you don't like, that is an opportunity to clean up.



And above all to have compassion for each other! As soon as you feel that you have put on your red glasses, start clearing this blockage.

And try to have compassion for your environment.

You are now learning that what you see through your red glasses is not "real" and that you can convert this.

Someone may still be convinced that the world as he sees it through the red glasses is "real" and living from "everything happens to me", now that these are all perceptions.

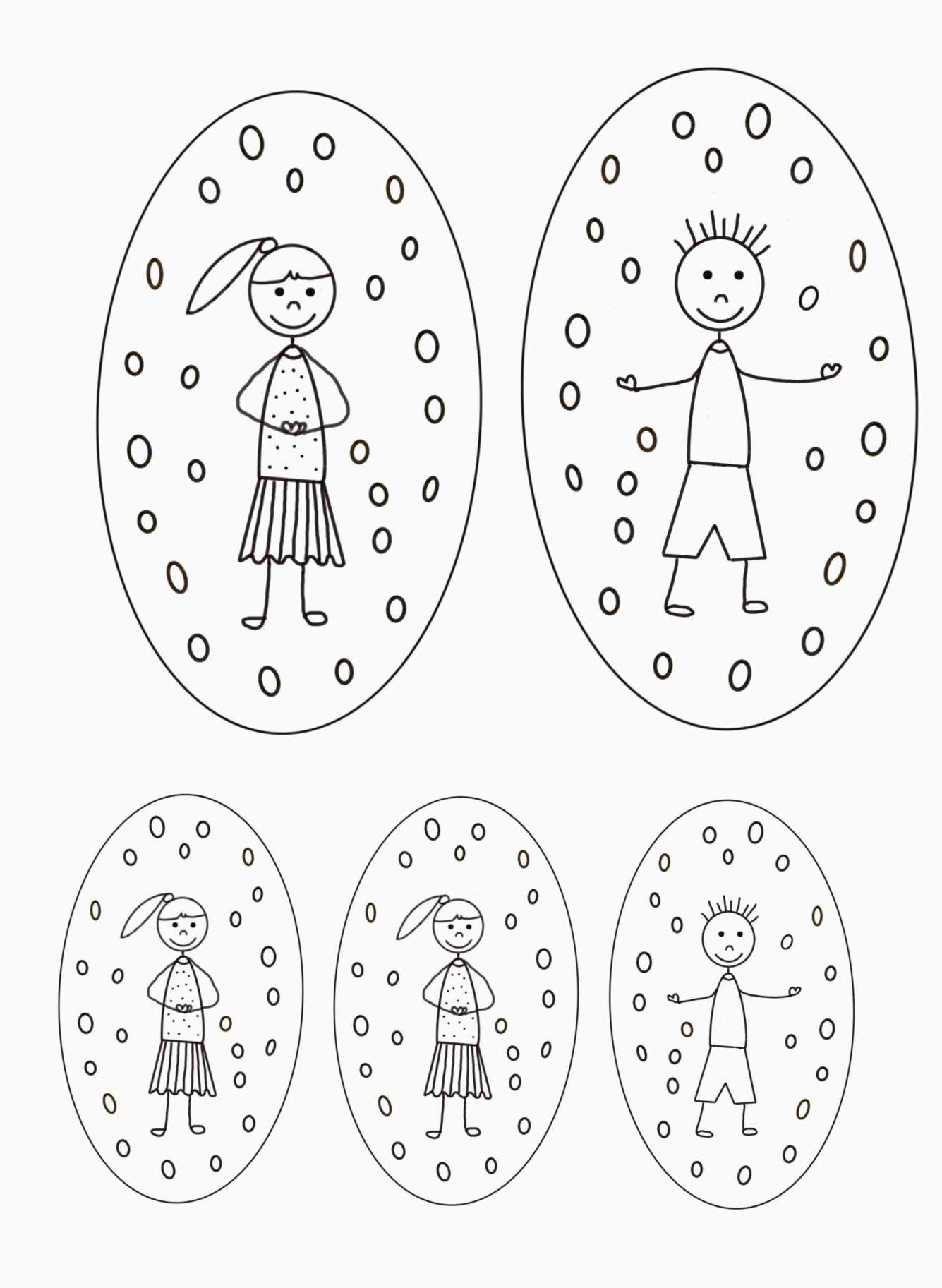


You have the power to change your (physical) world and that of the people around you.

Everything is energy, by changing your thoughts, the (physical) world around you will also change.

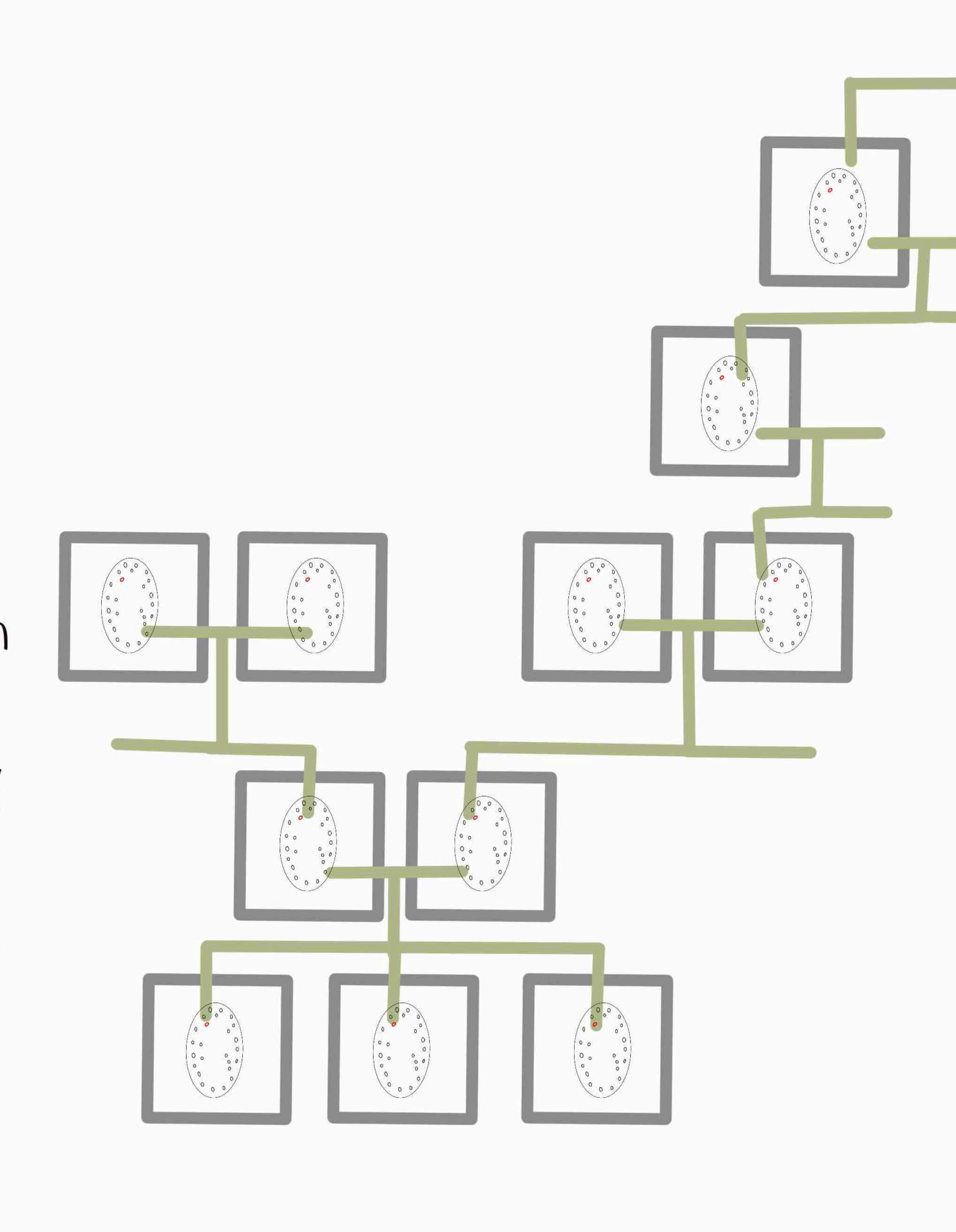


When you clean up a memorie energy, that conscious red bubble is cleared for the entire memory chain. As an example the family of the previous page, have a joint memory and mother is disturbed by this, if she then takes responsibility for this joint memory and clears this up in herself, it is cleared up for the entire chain in all time and dimensions.



This also works with unconscious memories that are passed on in family patterns.

If someone takes responsibility for this pattern and cleans it up, it gets cleaned up all along the line! If you delve more into spirituality, you will find that your soul continues to live, even for those who are no longer here physically, this memory is cleared all the way.



Know that the solution is always within you!

You live your reality of the world and are also the only one who can change this.

See it as a inner power, you only need yourself to make your world more beautiful and as a bonus while you clean things up for yourself it works for everyone who is in contact with you.

May you shine!



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